



**HEYFORD PARK
SCHOOL**

Heyford Park School
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Executive Head Teacher Primary: Sarah Nickelson
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Monday 7th June 2021

Dear Parents and Carers

Our PSHE & RSE Programme

We believe that promoting the health and well-being of our pupils is an important part of their overall education. We do this through our Personal, Social and Health Education (PSHE) programme Jigsaw. This looks at many topics including relationships, keeping myself safe and how we change.

Relationship and Sex Education (RSE) is an important part of the PSHE course. We will be teaching lessons about RSE this term. You have already received the slides from the information evening and should now have a clear understanding of how we teach Relationships and Sex Education through PSHE. I have added to our website information on what will be covered during these sessions for each year group so that you are prepared if your child has any questions.

<https://heyfordparkschool.org/primary/curriculum/pshe/>

Some parts of RSE are compulsory - these are part of the National Curriculum for Science. However, parents can withdraw their children from all other parts of RSE if they wish to do so. However, we believe that the presentation of sexual images in social and other media make it important that all young people have a place to discuss pressures, check facts and dispel myths. Even if a child is withdrawn, many pupils will discuss such issues with each other outside the classroom – so, rather than hear about the content second-hand, we hope all children will have the opportunity to take part in our carefully planned lessons.

As we were in lockdown last summer children may have missed out on content from the previous year, this therefore will be covered this year alongside the current content.

If you wish to withdraw your child from the RSE lessons taught in PSHE please put this in writing and return to your child's teacher either directly or through the office by Friday 11th June 2021.

Yours sincerely,

Sarah Nickelson
Executive Head of Primary